

# Summer Stage Vrsac 16.7. – 20.7.2007

## Michele Quaranta 6. DAN – Aikido & Hojo



### Stage information:

Arrival and registration:	Monday	16.7.	10:00 - 12:00	
Stage beginning:	Monday	16.7.	12:00	Aikido training
Daily programme:			7:00 - 8:30	Hojo
			10:00 - 12:00	1 <sup>st</sup> Aikido training
			16:00 - 18:00	2 <sup>nd</sup> Aikido training
Stage end:	Friday	20.7.	18:00	Departure.
Price:	<u>version 1</u>	<b>85 Euro</b> , (5 overnights) + <b>30 Euro</b> , (stage fee) = <b>115 Euro</b>		
	<u>version 2</u>	<b>100 Euro</b> , (6 overnights ) + <b>30 Euro</b> , (stage fee) = <b>130 Euro</b>		
Location:	Flight Academy JAT, Podrsanska 146, Vrsac, Serbia.			

### Please note - IMPORTANT:

**Once you are registered to the stage, it is possible to take part in whole stage only, separate trainings are not allowed.**

**Please take Hojo, Bokken, Jo and Tanto. You will also need appropriate shoes for hojo outside.**

**We are looking forward to seeing you soon!**

### Version I

- Participants of the stage will be accommodated in rooms with five beds.
- It is possible for participants of the stage to choose between vegetarian and regular food (but before the beginning of the stage).

	16.07.	17.07.	18.07.	19.07.	20.07	21.07
<b>HOJO</b>	-	7:00 - 8:30	7:00 - 8:30	7:00 - 8:30	7:00 - 8:30	-
breakfast	-	8:30-9:30	8:30-9:30	8:30-9:30	8:30-9:30	-
<b>Aikido</b>	12:00-13:30	10:00 – 12:00	10:00 – 12:00	10:00 – 12:00	10:00 – 12:00	-
lunch	13:30-15:00	13:30-15:00	13:30-15:00	13:30-15:00	13:30-15:00	-
<b>Aikido</b>	17:00-19:00	16:00-18:00	16:00-18:00	16:00-18:00	16:00-18:00	-
supper	19:00-20:30	18:30-20:30	18:30-20:30	18:30-20:30	-	-
overnight	X	X	X	X	-	-

Arrangement price **85 euro** (6.700 din.)

Extra payment for accommodation in double rooms and rooms with three beds is **25 euro** (1.960 din.)

### Version II

- Participants of the stage will be accommodated in rooms with five beds.
- It is possible for participants of the stage to choose between vegetarian and regular food (but before the beginning of the stage).

	16.07.	17.07.	18.07.	19.07.	20.07	21.07
<b>HOJO</b>	-	7:00 - 8:30	7:00 - 8:30	7:00 - 8:30	7:00 - 8:30	-
breakfast	-	8:30-9:30	8:30-9:30	8:30-9:30	8:30-9:30	7:00-9:30
<b>Aikido</b>	12:00-13:30	10:00 – 12:00	10:00 – 12:00	10:00 – 12:00	10:00 – 12:00	-
lunch	13:30-15:00	13:30-15:00	13:30-15:00	13:30-15:00	13:30-15:00	-
<b>Aikido</b>	17:00-19:00	16:00-18:00	16:00-18:00	16:00-18:00	16:00-18:00	-
supper	19:00-20:30	18:30-20:30	18:30-20:30	18:30-20:30	18:30-20:30	-
overnight	X	X	X	X	X	-

Arrangement price **100 euro** (8.000 din.)

Extra payment for accommodation in double rooms and rooms with three beds is **30 euro** (2.450 din.)

"Hotel Jat" is a three-star hotel, situated near Flight Academy, surrounded by „greenery and pleasant wind stream flowing from Vrsac hills“.

Participants will be accommodated in rooms with five beds, in the building which is near the dojo. No bathroom in rooms, only one bathroom per floor. Large parking places are available to the visitors.

There are two specialised three-star restaurants "IKAR" and Flight Club. Restaurant "IKAR" offers international specialities with top service in two different halls-restaurant and banquet. Flight Club is situated in the hotel building and its speciality is "fast food" and various imported drinks.



### !!! Important

There is also possibility of accommodation in double rooms and in rooms with three beds, but you can book the room only 10 days before the beginning of the Summer school, if there are rooms available.

**The participants can possibly get bed and board themselves.**

**In that case the organizer is not responsible.**